

LOOM & GLOW

The UK Rug Size Guide

Every standard size, and what it actually fits.

Six pages of measurements you can check: the clearance that should stay visible around a bed, how far a dining chair travels when someone stands up, and the size to buy for each of them. Every figure here comes from the same calculator that runs on the site.

loomandglowhome.com/rug-size-calculator

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Standard UK rug sizes

Size (cm)	Size (ft)	What it actually fits
60 x 110 cm	2 x 4 ft	accent rug, by a chair or at the bedside
80 x 150 cm	3 x 5 ft	accent rug, by a chair or at the bedside
120 x 170 cm	4 x 6 ft	single bed
160 x 230 cm	5 x 8 ft	double bed, king bed
200 x 290 cm	7 x 10 ft	super king bed
240 x 330 cm	8 x 11 ft	4-seater table, 6-seater table
300 x 400 cm	10 x 13 ft	8-seater table

Sizes sold in the UK cluster around these seven. If a size you have found is not on this list it is usually an import, which matters when you come to replace an underlay or a rug pad.

What size rug under a bed

Double bed - 135 x 190 cm

Rug	Showing each side	Verdict
120 x 170 cm	17 cm each side	works if the room is tight
160 x 230 cm	47 cm each side	the balanced choice
200 x 290 cm	77 cm each side	generous: needs a large room
240 x 330 cm	97 cm each side	generous: needs a large room

King bed - 150 x 200 cm

Rug	Showing each side	Verdict
160 x 230 cm	40 cm each side	the balanced choice
200 x 290 cm	70 cm each side	generous: needs a large room
240 x 330 cm	90 cm each side	generous: needs a large room
300 x 400 cm	125 cm each side	generous: needs a large room

Super King bed - 180 x 200 cm

Rug	Showing each side	Verdict
160 x 230 cm	25 cm each side	works if the room is tight
200 x 290 cm	55 cm each side	the balanced choice
240 x 330 cm	75 cm each side	generous: needs a large room
300 x 400 cm	110 cm each side	generous: needs a large room

The target is about 60 cm of rug still visible along each side of the bed, so that both feet land on it when you get up. Under the bed itself the rug does no work, which is why the top third can sit under the headboard.

What size rug under a dining table

Table	Minimum rug	Standard size to buy
4-seater (120 x 80 cm)	260 x 220 cm	240 x 330 cm
6-seater (180 x 90 cm)	320 x 230 cm	240 x 330 cm
8-seater (220 x 100 cm)	360 x 240 cm	300 x 400 cm

A dining chair travels about 70 cm backwards when someone stands up. If the rug stops before that, the back legs drop off the edge, the chair tips, and the rug wears in a line. That is the whole rule: 70 cm past every edge of the table, on all four sides.

For a round table, measure the diameter and apply the same clearance in every direction. A round rug looks tidier under a round table, but a rectangle of the right size will always beat a circle of the wrong one.

Living rooms and hallways

Living room	What it is	What it does
All legs on	The fullest look	Needs the largest rug
Front legs on	The usual compromise	Ties the seating together
No legs on	Rug floats	Makes a room look unfinished

Leave 30 to 45 cm of bare floor between the rug edge and the wall. Less than that and the rug reads as badly fitted carpet; more and the seating stops feeling held together.

Runner	Where it goes
60 x 180 cm	hallway runner
60 x 230 cm	hallway runner
80 x 300 cm	hallway runner
80 x 400 cm	hallway runner

In a hallway leave 10 to 15 cm of floor on each side of the runner, and stop it short of the door swing rather than under it.

How to measure for a rug

Where the rug goes	What you measure	Size that fits
Under a single bed	90 x 190 cm	120 x 170 cm
Under a double bed	135 x 190 cm	160 x 230 cm
Under a king bed	150 x 200 cm	160 x 230 cm
Under a super king bed	180 x 200 cm	200 x 290 cm
Under a 4-seater table	120 x 80 cm	240 x 330 cm
Under a 6-seater table	180 x 90 cm	240 x 330 cm
Under a 8-seater table	220 x 100 cm	300 x 400 cm

Measure the furniture, not the room. The room tells you the largest rug that could fit; the furniture tells you the rug that will look right. Mark the outline on the floor with masking tape before you order: it takes five minutes and it is the only way to see the size at full scale.

Your room, your numbers

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Enter your measurements and it applies these rules for you.